

Sir Alexander Fleming discovered penicillin 75 years ago.
He also predicted that antibiotic resistance might one day threaten his discovery.



The good news is that Canada is a world leader in the fight against antibiotic resistance.
Our greatest threat now is complacency. If we don't use antibiotics responsibly,
they won't work when we really need them.

So please remember:

- antibiotics are not effective against colds and flu
- if you are prescribed antibiotics, take them as directed
- always finish your antibiotics, even if you start feeling better
- antibiotics are prescribed for you alone – never share them



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