



The right medicine comes in many forms.

Canadians are showing some healthy signs when it comes to using antibiotics. You're beginning to understand that most colds and flus, and some ear infections, are caused by viruses, which can't be treated with antibiotics. As a result, fewer people are asking for antibiotics — and doctors are prescribing them less frequently. In fact, Canada is leading the way in reducing the inappropriate use of antibiotics.

So trust your doctor if you're told that antibiotics won't help. And when you do need them, follow instructions

carefully. The improper use of antibiotics will lead to more antibiotic-resistant bacteria, making it more difficult for your doctor to

treat you when you really do need them. Remember that we're in this together, because if we don't win the fight against antibiotic-resistant bacteria, we'll all end up in the soup.

For more information, ask your doctor or pharmacist, or visit us at www.antibiotics-info.org.



Partners in the National Information Program on Antibiotics (NIPA)

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